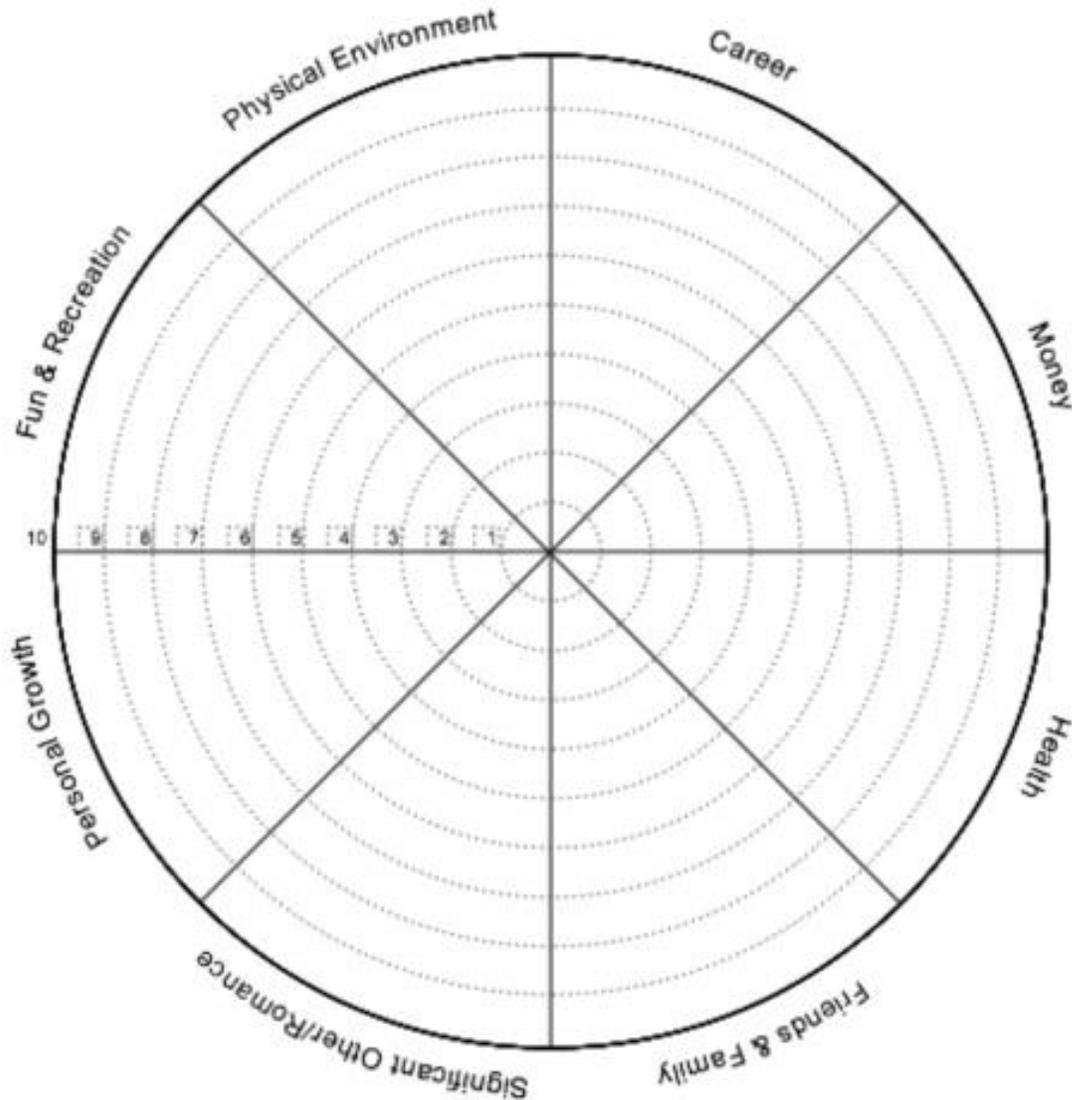


My Wheel of Life

Date _____



I am most satisfied with _____

Because I am doing _____

I am least satisfied with _____

And I will change this by _____

My Immediate Action Plan

Now that you have your Wheel of Life complete, looking at it is simply just not good enough. You need to ACT on it! Now that it is fresh in your mind; write 3 key goals or objectives you will achieve to help you restore balance to your life or enhance your life in the area(s) you feel most strongly about.

These could be as big as starting a new venture to help with your finances, or as small as calling a friend more regularly. Whatever you are most passionate about after looking at your Wheel of Life and while it's fresh in your mind, write your 3 points of action down now!

My Immediate Action Plan

1) _____

I will achieve this by (date)

2) _____

I will achieve this by (date)

3) _____

I will achieve this by (date)
