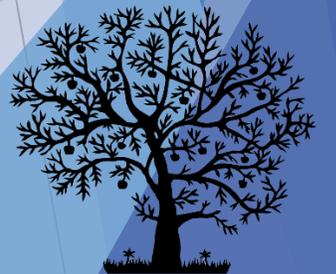


Caregiver Perceptions of Tele-Support

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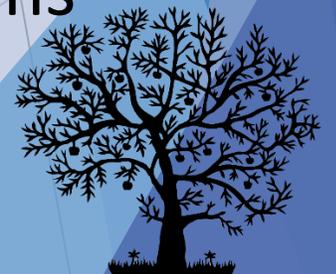


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Learner Objectives

At the end of this session, participants will be able to:

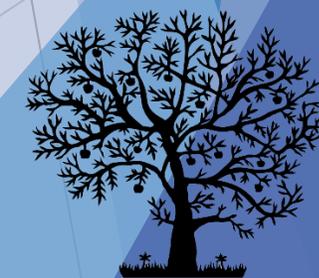
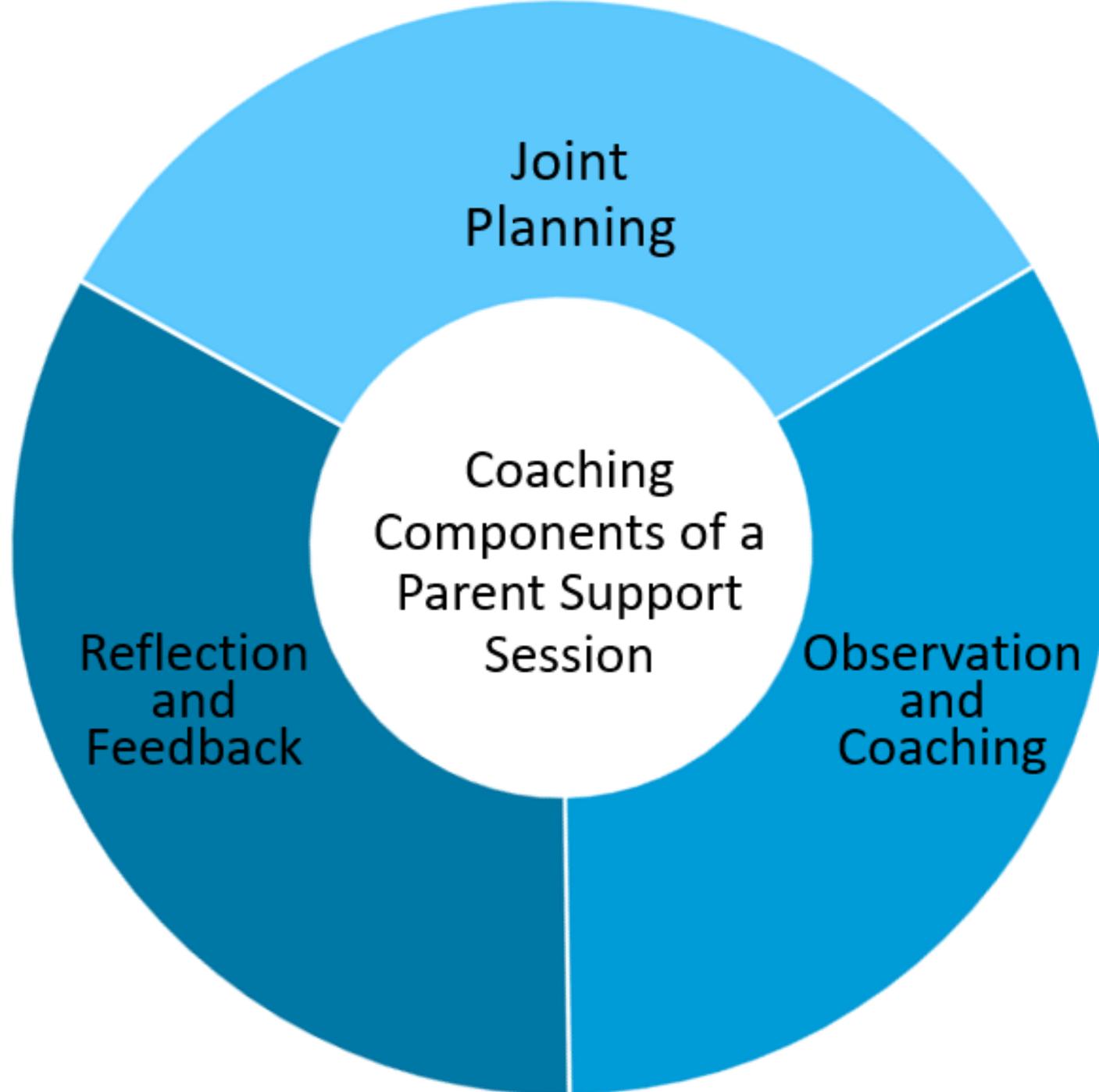
- ▶ describe caregiver perceptions when engaging in Tele-Support
- ▶ list at least three components of Tele-Support sessions that are important to caregivers
- ▶ describe at least two strategies for successfully engaging caregivers in Tele-Support sessions



Introduction

- ▶ Tele-Support services from the Moog Center
- ▶ Tele-Support services during COVID





The Study

- ▶ Perceptions of Tele-Support as compared to in-person support



Participants

- ▶ 18 caregivers
 - ▶ 14 mothers
 - ▶ 3 fathers
 - ▶ 1 grandmother
- ▶ At least 5 months of in-person support
- ▶ 5 months of Tele-Support
- ▶ Services from the same provider



Methods

- ▶ Interview study
- ▶ Thematic analysis



Results: Benefits

- ▶ In-Person Support
 - ▶ Demonstration
 - ▶ Managing behavior
 - ▶ Structure
 - ▶ Sense of confidence and support
- ▶ Tele-Support
 - ▶ Natural environment
 - ▶ Flexibility of scheduling/Convenience
 - ▶ Accountability

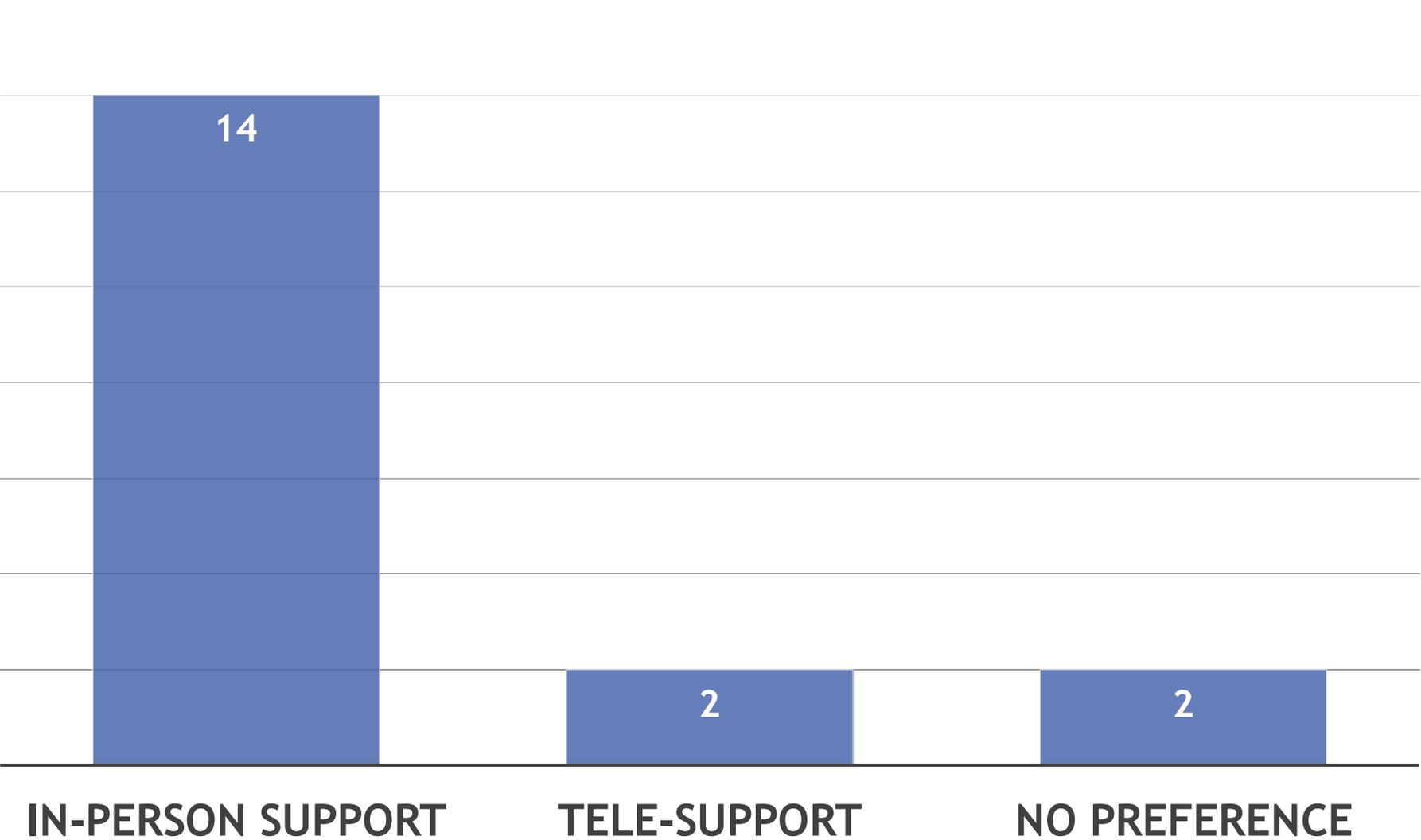


Results: Challenges

- ▶ In-Person Support
 - ▶ Thinking of the activities
 - ▶ Scheduling
 - ▶ Having the provider present
- ▶ Tele-Support
 - ▶ Thinking of the activities
 - ▶ Managing behavior
 - ▶ The environment/Being at home



Preferred Method of Support



What we learned...

- ▶ Caregivers appreciate written feedback
- ▶ Caregivers utilize provider suggestions outside of the session
- ▶ Caregivers often benefit from specific examples of their child's performance during the session



Limitations

- ▶ Generalizability
- ▶ Potential for omission



Implications and Future Directions

- ▶ Caregivers perceive Tele-Support to be beneficial
- ▶ More work should be done to determine the broader applications



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